A Novel Kind of Activated Carbon Foam Electrode for Electric Double Layer Capacitors

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In this paper, a novel kind of activated carbon foam (ACF) electrode for electric double layer capacitors (EDLCs) was prepared by a KOH activation procedure on primary carbon foams synthesized via foaming of loose medium component (LMC) which was separated from raw coal by extraction and back-extraction processes and then studied electrochemically using cyclic voltammetry. With the aim of exploring the optimum experimental conditions, the influences of process variables, such as foaming temperature, activation temperature, activation time and KOH/carbon mass ratio on specific capacitance of ACFs were investigated. The morphology, structure and textural properties of the optimum ACF were characterized with N₂ adsorption technique, Raman spectrometer, scanning electron microscopy, transmission electron microscopy and X-ray photoelectron spectrometer. The electrochemical behaviors were analyzed by cyclic voltammetry, galvanostatic charge-discharge cycling and electrochemical impedance spectroscopy. The obtained results show that under the optimum experimental conditions, the sample possesses the specific surface area of 3526.31m² g⁻¹, total pore volume of $1.972 \text{ cm}^3 \text{ g}^{-1}$ and exhibits the highest initial specific capacitance of 204.17F g⁻¹ at current density of 1A g⁻¹ in 6M KOH solution. It shows excellent cycling stability with a capacitance retention of 97.9% after 3000 charge/discharge cycles at current density of 1A g⁻¹, promising its practical application in EDLCs. Thus, the favorable capacitive performances make the ACFs act as a new kind of carbonaceous electrode material for high-power supercapacitors.

Keywords: activated carbon foam; loose medium component; electric double layer capacitors; optimum experimental conditions

1. INTRODUCTION

Supercapacitors are perceived as an important class in the field of electrical energy storage devices and have been widely used in hybrid electric vehicles, consumer portable devices and memory

back-up systems [1-3]. Due to some attractive characteristics, such as high power density, long cycle life, superior rate capability and wide range of operating temperature [4-6]. According to the different fundamental charge storage mechanisms, supercapacitors can be divided into two categories: EDLCs and pseudocapacitors. Charge storage of EDLCs arises from the charge separation at the carbon/electrolyte interface [7]. Up to now, various kinds of electrochemical active materials have been used as electrode materials for EDLCs. Among them, due to the high specific surface area (SSA), better conductivity, excellent chemical stability and easy processing, porous carbon material has been

widely applied [8-10].

On the other hand, highly reasonable pore size distribution (PSD) also plays a decisive role in improving capacitor's performance. It is common knowledge that the existence of micropores can significantly improve the SSA and is directly responsible for the charge storage while the mesopores and macropores provide highways and reservoirs for ion transport which could benefit the rapid diffusion kinetics of ions [11-13]. Thus, in order to achieve high capacitance, many efforts should be devoted to the synthesis of porous carbon material with narrow and controlled PSD as well as tailored and developed porous structure.

Carbon foam is a novel kind of lightweight sponge-like porous carbon material with many superior features *e.g.* corrosion resistance, good thermal conductivity and adjustable electrical conductivity [14-16]. Based on our previous work, we have successfully prepared a novel kind of thin-walled carbon foam with developed foam structure and ultrathin pore walls. Naturally, sufficient porosity makes them very appealing for preparation of porous carbon material. The developed foam structure and ultrathin pore walls of carbon foam provide large contact area, many reaction sites and suitable structural basis for activation work. Generally, ACFs with well-developed porous structure, large SSA and appropriate PSD often lead to high specific capacitance [17, 18]. Thus, exploring the optimum experimental conditions of ACFs has been a long term goal for the development of electrode materials, which may provide new opportunities for electrochemical energy storage.

In this study, ACFs were synthesized from LMC by foaming and chemical activation with KOH. With the aim of determining the optimum experimental conditions, influences of main process parameters (such as foaming temperature, activation temperature, activation time and KOH/carbon mass ratio) on electrochemical properties of ACFs were studied. Furthermore, the porous properties of optimum ACF were analyzed with N₂ adsorption technique, scanning electron microscope (SEM) and transmission electron microscope (TEM) while the electrochemical behaviors were characterized by cyclic voltammetry (CV), galvanostatic charge-discharge (GCD) tests and electrochemical impedance spectroscopy (EIS) in 6M KOH electrolyte.

2. EXPERIMENTAL SECTION

2.1 Preparation of LMC

Tongting Huaibei raw coal in China was pulverized to pass through a 200 mesh sieve for use. First, 10L NMP, 10L CS_2 and 200g pre-treated coal sample were added into extraction kettle and stirred for 3h. After the extraction process, 20L deionized water used as back-extraction agent was added into extraction kettle and stirred for 40min. Then, the strip-extraction liquor was layered. The lower dark layer was CS_2 layer and the upper layer was water and NMP layer. At last, LMC was obtained by centrifugation of upper layer liquor at a speed of 6000r min⁻¹ for 20min and the yield was about 17% [19]. The proximate and ultimate analyses of raw coal and LMC are listed in Table 1.

Sample	Proximate analysis (wt %) Ultimate analysis (wt			(wt %)					
	M_{ad}	Ad	V_{daf}	FC _{daf}	C_{daf}	H _{daf}	$\mathbf{O}_{\mathrm{daf}}^{*}$	N _{daf}	$\mathbf{S}_{t,daf}$
Raw coal	1.27	24.20	24.94	75.06	86.50	5.05	6.32	1.47	0.66
LMC	0.48	2.21	27.53	75.63	84.72	5.20	6.72	2.59	0.77

Table 1. Proximate and ultimate analyses of raw coal and LMC

*: by difference; M_{ad} : moisture (air dried base); A_d : ash (dry base); V_{daf} : volatile matter (dry and ash-free base); FC_{daf} : fixed carbon (dry and ash-free base); $S_{t,daf}$: total sulfur (dry and ash-free base); daf: dry and ash-free base.

2.2 Preparation of ACFs

Figure 1 illustrates the synthetic route of the preparation of ACFs for EDLCs. Typically, 0.5g LMC was pressed into a Φ 12.9mm tablet at 5Mpa and then foamed in a tube furnace under a flow of N₂ to make primary carbon foams. The foaming temperature was controllably ramped at a heating rate of 5°C min⁻¹ to different final temperatures of 450, 550, 650 and 1000°C, where foaming ensued for 1 hour, and the obtained primary carbon foams were naturally cooled to room temperature. Activation was carried out by impregnating the primary carbon foams with the required amount of KOH (KOH/carbon = 1:1, 2:1, 4:1, 6:1 by mass) before being stirred for 30min and proceeded by heat soaking at 80°C for 4 hours. The mixtures were dried at 105°C for 4 hours before being activated at various temperatures (750, 850, 950 and 1000°C) with a heating rate of 5°C min⁻¹ under nitrogen aeration. Several lengths of activation time were evaluated: 1, 2, 3 and 4 hours. The obtained ACFs were washed until pH=7 with hydrochloric acid and distilled water, then filtered and dried for further study. Based on the L₁₆ (4⁴) orthogonal matrix, effect degrees of foaming temperature, activation temperature, activation time and KOH/carbon mass ratio on electrochemical performances of ACFs were investigated. Orthogonal factor level table and orthogonal experimental design of ACFs are shown in Table 2, Table 3 respectively.



Figure 1. Synthetic schematic of the preparation of ACFs for EDLCs

	А	В	С	D	
Level	Foaming temperature	Activation	Activation time	KOH/carbon mass	
	°C	temperature °C	h	ratio	
1	450	750	1	2:1	
2	550	850	2	4:1	
3	650	950	3	6:1	
4	1000	1000	4	1:1	

 Table 2. Orthogonal factor level table

Table 3. Orthogonal experimental design of ACFs

No.	А	В	С	D
ACF-1	450	750	1	2:1
ACF-2	450	850	2	4:1
ACF-3	450	950	3	6:1
ACF-4	450	1000	4	1:1
ACF-5	550	750	2	6:1
ACF-6	550	850	1	1:1
ACF-7	550	950	4	2:1
ACF-8	550	1000	3	4:1
ACF-9	650	750	3	1:1
ACF-10	650	850	4	6:1
ACF-11	650	950	1	4:1
ACF-12	650	1000	2	2:1
ACF-13	1000	750	4	4:1
ACF-14	1000	850	3	2:1
ACF-15	1000	950	2	1:1
ACF-16	1000	1000	1	6:1

2.3 Material characterizations

The element contents of raw coal and LMC were determined using a Vario MICRO cube elemental analyzer (Elementar Corporation, Germany). Surface functional groups of raw coal and LMC were identified with a NICOLET 6700 Fourier transform infrared spectroscopy (FTIR) analyzer (NICOLET Instruments Corporation, USA). Thermogravimetry and differential thermogravimetry (TG-DTG) curves of LMC were collected on a DTA/DSC-TG instrument (NETZSCH Corporation, Germany) with a heating rate of 15°C min⁻¹ for temperature ranging from 25°C to 950°C. The porous properties of optimum ACF were characterized by N₂ adsorption/desorption measurement at 77K using an Autosorb-1-MP analyzer (Quantachrome Instruments Corporation, USA). The SSA and PSD were calculated by the Brunauer-Emmett-Teller (BET) and density functional theory (DFT), respectively. The total pore volume was estimated from the single point adsorption (P/P₀ = 0.995). The micropore volume was reckoned by the calculation from the HK (Horvaih-Kawazoe) model whereas the mesopore volume was obtained through the BJH (Barret-Joyner Halenda) model. Images of SEM were taken by a FEI Quanta TM 250 microscope (FEI Corporation, USA) to observe the surface morphologies of primary carbon foam and optimum ACF. The microstructures of optimum ACF and LMC were analyzed by TEM images with a Tecnai G² F20 microscope (FEI Corporation, USA). The chemical state of the surface was examined by X-Ray photoelectron spectroscopy (XPS) with an ESCALAB 250Xi X-ray photoelectron spectrometer (Thermo Fisher Scientific, USA) using an Al-Ka X-ray radiation as the excitation source. The carbon structures presented in primary carbon foam and optimum ACF were investigated by a Senterra Raman Spectroscopy (Bruker Corporation, Germany) with an excitation wavelength at 532nm.

2.4 Electrode preparation and electrochemical measurements

The electrochemical performances of ACFs were studied using a two-electrode experimental cell. The working electrode was prepared by pressing a mixture of 85wt % ACFs used as the active material, 10wt % acetylene black used as the conductivity enhancing material and 5wt % poly(tetrafluoroethylene) (PTFE) used as the binder onto a piece of nickel foam at 5Mpa for 5min. Two electrodes with the same mass were selected, polypropylene membrane was placed in the middle of two electrodes and then assembled as EDLC (as shown in Figure 2). The electrolyte was 6M KOH. The CV curves of optimum ACF were recorded from 0 to 1.0V at different scan rates of 10, 20, 60, 100mV s⁻¹ and GCD tests were carried out at various current densities of 0.1, 0.2, 0.5, 1A g⁻¹ between 0 and 1.0V. EIS measurement was conducted at the open circuit potential by applying a 5mV amplitude in frequencies ranging from 100kHz to 10mHz. The electrochemical stability test was performed by repeating the GCD tests at current density of 1A g⁻¹ for 3000 cycles. All electrochemical measurements were operated at room temperature using an Ivium Vertex electrochemical workstation (Ivium Corporation, Holland). The specific capacitance could be calculated as a function of scan rate via *eqn* (1):

$$C = \int_{V_1}^{V_2} \frac{I(V)dV}{mv(V_2 - V_1)}$$
(1)

where C is the specific capacitance in F g^{-1} , I is the instant current in A, m is the mass of active material in g, v is the scan rate in V s^{-1} and V₂, V₁ are the potential limits of CV tests.

The specific capacitance can also be calculated from GCD cycling experiments according to the following eqn (2):

$$C = \frac{2I\Delta t}{m\Delta V} \tag{2}$$

where I is the constant discharging current (A), Δt is the discharge time (s), ΔV is the potential window and m is the mass of active material (g).



Figure 2. Assembly schematic of EDLC

3. RESULTS AND DISCUSSION

3.1 Physical characterizations of LMC

The TEM images of the LMC are displayed in Figure 3a and 3b. It can be seen from Figure 3b that the LMC takes the morphology of agaric-like agglomerate or cluster of nanoscale particulates and the approximate size is about $3\mu m$ in length and $2\mu m$ in width. While, Figure 3a shows a similar but much smaller crimping structure with a length of around $0.6\mu m$, it is evident that, during the extraction and back-extraction processes, the group compositions of raw coal have been separated and regrouped to different extents.



Figure 3. TEM images of LMC

Thermogravimetric analysis is commonly used to evaluate thermal stability of materials. The TG-DTG curves of LMC are presented in Figure 4. From the DTG curve, the initial mass loss rate peaks at 110°C and 205°C respectively correspond to the remove of moisture and solvent NMP, followed by a violent pyrolytic event between 400°C and 600°C, where the effusion of light volatile compounds occur from the pyrolytic reactions induces a sharp weight drop. Besides, the maximum

weight loss rate in the DTG plot centers at around 520°C suggests that LMC is drastically thermal decomposition at this point. When the temperature exceeds 600°C, poly-condensation reactions such as aromatization, cyclization and hydrogenation take place and the continuous high mass loss rate of above 0.6% min⁻¹ in this range is attributed to the releasing of a mass of secondary gas such as H₂, CH₄. In addition, an obviously higher retention rate of 62.5% at 950°C than other materials such as coal tar pitches [20], straw [21], banana peel [22], and ginkgo shells [23], also means better yield and greater potential industrial value.



Figure 5. FT-IR spectra of raw coal and LMC

Wave numbers (cm⁻¹)

Figure 5 shows the FT-IR spectra of raw coal and LMC. It should be noted that the mineral absorption bands after 1200cm^{-1} basically disappear in LMC, implying a marked drop of mineral matter which is consistent with the proximate analysis shown in Table 1. The peak appearing at $1570 \sim 1580 \text{cm}^{-1}$ should be attributed to the stretching vibration of aromatic C=C bonds [24]. As can be seen, LMC exhibits weaker peak intensity in this range, revealing the less amount of aromatic compounds. A broad band in the region of $3200 \sim 3600 \text{cm}^{-1}$ should be ascribed to the –OH stretching

vibration of hydroxyl, phenolic groups and the stronger peak intensity indicates that there are more phenols, alcohols and amines compounds in LMC [25-27]. In addition, the reduction of aliphatic compounds in LMC can be proved by the lower peak intensities of characteristic absorption bands at 2858~2951cm⁻¹, 1450cm⁻¹ and 1375cm⁻¹ [28].

3.2 Electrochemical properties of ACFs

Figure 6 shows the cyclic voltammograms of ACF-1~ACF-16 at a scan rate of 10mV s^{-1} in the potential range of 0.05 to 0.9V. The specific capacitance values were computed from the CV curves via *eqn* (1) and summarized in Figure 7.



Figure 6. Cyclic voltammograms of ACF-1~ACF-16



Figure 7. Capacitance values of ACF-1~ACF-16

3.3 Optimum experimental conditions

Factors analyses on specific capacitance are summarized in Table 4. The K value for each level of a factor was the sum of four specific capacitance values of ACFs prepared under that factor level in Figure 7 and the k value for each factor level was the average of the corresponding K value. Range (R) was the difference between the maximum and minimum k value of the four levels which also reflected the effect degree of factors on specific capacitance.

Based on the comparative advantage analysis, the major-minor sequence of R is: $R^A > R^B > R^C > R^D$, that is to say, the effects of foaming temperature, activation temperature, activation time and KOH/carbon mass ratio on specific capacitance weaken successively. The results demonstrate that the optimum experimental conditions of preparing high electrochemical performance ACF are foaming temperature 550°C, activation temperature 750°C, activation time 4 hours and KOH/carbon mass ratio 6:1, *i.e.* A₂B₁C₄D₃. Furthermore, the ACF prepared under the above-mentioned optimum experimental conditions was named ACF-0.

	А	В	С	D
K1	316.08	411.27	297.67	290.87
K2	440.99	349.96	347.20	328.76
K3	389.09	291.50	282.12	380.68
K4	178.43	271.86	397.60	324.28
k1	79.02	102.82	74.42	72.72
k2	110.25	87.49	86.80	82.19
k3	97.27	72.88	70.53	95.17
k4	44.61	67.97	99.40	81.07
R	65.64	34.85	28.87	22.45

Table 4. Factors analyses on specific capacitance

3.4 Effect of factors level on specific capacitance of ACFs

Effect of factors level on specific capacitance of ACFs was analyzed based on the k values in Table 4. As shown in Figure 8a, the capacitance value of ACFs foamed at 550°C is much better than others. By the analyzing of DT/DTG curves in Figure 4, pyrolytic reactions occur severely at 550°C. With the effusion of a mass of pyrolysis gas, the primary carbon foams foamed at 550°C have developed foam structure and provide many active points for activating. In addition, with foaming temperature increasing, the occurrence of poly-condensation reactions and improvement of graphitization degree of primary carbon foams are detrimental to the activation process and finally induce the bad capacitive performance.

And the weak capacitance performance of ACFs foamed at 450°C indicates that incomplete pyrolysis process results in the proceeding of thermal decomposition during the follow-up activation stage which would restrict or hinder the pore-forming work in some degree. Figure 8b shows that the capacitance value of ACFs reaches the maximum at the activation temperature 750°C and then

decreases sharply with the rise of activation temperature, which agree with the optimal temperature for KOH activation that reported in literatures [29, 30]. In Figure 8c, with the prolonging of activation time, the change trend of specific capacitance is fluctuated, which first increases, then decreases and increases again. It is generally known that macropores act as the ion buffering reservoirs, mesopores serve as the ion transport pathways, while micropores are directly responsible for energy storage. For another, the extension of activation time is conducive to the pores broadening. Thus, the ACFs activated for 4h possess abundant micropores, adequate meso-, and macropores and show the best capacitance behavior. From Figure 8d, we can see that along with the grow of KOH/carbon mass ratio, the specific capacitance decreases at first, increases afterwards and reaches the peak value at the ratio of 6:1. It proves that capacitive behavior is strongly associated with KOH/carbon mass ratio and a relatively high KOH addition could enlarge the openings and further achieve the reasonable PSD.



Figure 8. Effect of factors level (a) foaming temperature (b) activation temperature (c) activation time (d) KOH/carbon mass ratio on specific capacitance of ACFs

3.5 Physical characterizations of optimum ACF

In Figure 9a, the primary carbon foam foamed at 550° C presents a developed honeycomb-like foam structure with ultra-thin pore walls and well connectivity, while the pore size is in the range of 100-500 µm. It can be seen from Figure 9b that ACF-0 is mainly composed of many irregular broken pore walls which result from the introduction of grinding process after activation and confirm the welldeveloped microstructure of ACF-0. Figure 9c displays the TEM image of ACF-0, revealing a rough surface and the presence of abundant pores with the diameter of 1-5nm which also demonstrate the uniform PSD and well-developed microporosity of ACF-0. Apparently, finer porous structure and developed microstructure are favorable to fast charge transfer and large charge storage capacity.



Figure 9. (a) SEM image of primary carbon foam foamed at 550°C; (b) SEM image of ACF-0; (c) TEM image of ACF-0

The surface chemical properties of ACF-0 were studied by XPS technique. The XPS wide scan spectrum (Figure 10a) indicates that it mainly composes of C and small amount of O element. The C and O relative contents (atomic) are 92.56% and 7.44%, respectively. As shown in Figure 10b, the C1s spectrum (282-297eV) were readily fitted as three peaks that centered at 284.6, 285.9 and 288.9eV, respectively. In details, the binding energy of 284.6eV originates from sp² C=C bond of the graphitic carbon [31]. While the peak at 285.9eV represents the sp³ C=C bond that is related to the disordered structure [32], and the peak at 288.9eV ascribes to O–C=O bond [20]. The existence of multiple O forms can also be demonstrated by the deconvolution spectrum of O1s (525-545eV) as shown in Figure 10c. The value of 531.9eV stems from oxygen atoms in the C–O groups in C–OH and/or COOR [33]. The peak at 532.9eV derives from the C–OH and C–O–C bonds [34, 35]. The peak located at 533.4eV is owing to the –OH groups [36]. In conclusion, the XPS characterization reveals the presence of oxygen functional groups on the surface of ACF-0, N and S atoms have not been found in carbon framework.



Figure 10. (a) XPS wide scan spectrum; (b) high-resolution XPS spectrum for C1s; (c) high-resolution XPS spectrum for O1s

To further study the graphitic character, the primary carbon foam foamed at 550°C and ACF-0 were characterized by Raman spectroscopy. As shown in Figure 11, both of the two recorded spectra show three Raman-active bands at around 1330-1340 (D-band), 1585-1595 (G-band) and 2690-2695cm⁻¹ (2D-band). The D-band is associated with a double-resonance effect of disordered carbonaceous structure and the G-band corresponds to the ordered graphite in-plane vibrations with E_{2g} symmetry [37, 38]. The 2D peak is the second order of the D peak induced by the double resonant Raman scattering with two-phonon emissions which is sensitive to the stacking order of the graphene sheets along the c-axis [39]. As expected, the value of I_D/I_G improves slightly from 0.83 for primary carbon foam to 0.90 for ACF-0, suggesting the presence of abundant defects upon KOH activation of primary carbon foam [40], which is also in accordance with the TEM observation. The partially graphitic porous structure with developed hierarchical pores and well connectivity is expected to improve electrochemical behaviors of ACFs [41, 42].



Figure 11. Raman spectra of primary carbon foam foamed at 550°C and ACF-0

3.6 Pore structure of optimum ACF

The N₂ adsorption/desorption isotherm of ACF-0 is displayed in Figure 12a and reveals a combined characteristic of type I and type IV with a H4-type hysteresis loop, indicating the coexistence of pores with different sizes. It is worth noting that the nitrogen adsorption increases significantly at a very low relative pressure implying the well-developed microporosity. Besides, it also presents a gradual increase of sorption capacity and a modest hysteresis loop at $0.4 < P/P_0 < 0.9$ which assign to the capillary condensation in small-sized mesopores (smaller than 5nm). In addition, the absence of abrupt increase in adsorbed volume at P/P₀ approaching to 1.0 illustrates that there is little large sized mesopores or macropores above 10nm in ACF-0 which is in accordance with the TEM analysis. As shown in Table 5, ACF-0 endows large DFT surface area and total pore volume up to $3526m^2 g^{-1}$, $1.972cm^3 g^{-1}$ respectively while the high mesopore volume ratio of ~15.4% can effectively enhance the rate capability of ACF-0.

From the multiple-peaked PSD shown in Figure 12b, we can find that, the micropores range from 0.6 to 1.7nm are in the majority. Besides, PSD curve also shows two peaks centered at 2.4 and 4nm indicating the existence of many small mesopores with the diameter of 2.4-4nm. These findings consist with the TEM results. It has already been demonstrated that the narrow PSD favors ion selectivity and effective accommodation of charge carriers [43, 44], while mesopores provide favorable paths for the fast ion transfer [45]. Hence, the ACF-0 with high SSA, narrow PSD and coexistence of micropores and small mesopores could be a promising electrode material for EDLCs.



Figure 12. (a) N₂ adsorption/desorption isotherm and (b) PSD of ACF-0

 Table 5. Pore structure parameters of ACF-0

No.	$S_{BET} (m^2 g^{-1})$	$V_t (cm^3 g^{-1})$	$V_{\rm mic} ({\rm cm}^3{\rm g}^{-1})$	V_{mes} (cm ³ g ⁻¹)	V_{mic}/V_{t} (%)	V_{mes}/V_t (%)
ACF-0	3526.31	1.972	1.400	0.304	71	15.4

3.7 Electrochemical characterizations of optimum ACF

Figure 13a shows the CV curves of ACF-0 at various scan rates ranging from 10 to 100mV s⁻¹. It can be observed that the ACF-0 exhibits quasi-rectangular shape for CV curves at low scan rate, indicating good accessibility of electrolyte ions into electrode surface and a typical behavior for EDLC. Besides, no significant redox signal is observed for CV curves which signifies the predominant charge storage mechanism in ACF-0 to be EDLC. The concentration polarization phenomena at high scan rates may be caused by the low electrical conductivity results from the low foaming temperature [25]. Moreover, Figure 13b presents the GCD curves of ACF-0 at different current densities (0.1, 0.2, 0.5, 1A g⁻¹). The curve still remains highly linear and a typical triangle shape under a high current density of 1A g⁻¹ implying the fast ionic motion and diffusion and further confirming the excellent electrochemical behavior even at rapid charge/discharge operation.



Figure 13. (a) CV curves at different scan rates and (b) GCDs at different current densities

The capacitance values at increasing current loads (from 0.1A g⁻¹ to 1A g⁻¹) were calculated from GCD curves via *eqn* (2) and plotted in Figure 14. As we can see, the ACF-0 electrode shows a high specific capacitance of 311.82F g⁻¹ at current density of 0.1A g⁻¹, which is comparable to the reported results [20, 47]. Moreover, we can discover that the capacitance value decreases with the increase of current density, which is 270.08F g⁻¹ at 0.2A g⁻¹, 234.93F g⁻¹ at 0.5A g⁻¹ and 204.17F g⁻¹ at 1A g⁻¹ respectively. That is because, at a high current density, the diffusion of ions in electrolyte can't match to the charge transfer which results in a lessened capacitance [37, 40]. Interestingly, ACF-0 presents a much superior capacity retention to that previously reported porous carbon materials [48-51], which retains 204.17F g⁻¹ at a high current density of 1A g⁻¹ in 6M KOH, 65% of that measured at 0.1A g⁻¹. Such excellent rate capability could be ascribed to the hierarchical porous structure, which offers the large surface area and fast charge transfer paths.



Figure 14. Variation of specific capacitance at different current density

The Nyquist plot of ACF-0 is illustrated in Figure 15a which displays a vertical line in low frequency region, a 45° diagonal line in medium frequency range and a semicircle in high frequency area. The intersection of the curve at real part Z' in the high frequency area denotes the equivalent series resistance which is a combinational resistance of ionic resistance of electrolyte, intrinsic resistance of substrate, contact resistance between electrode and current collector [52, 53]. It can be clearly observed that ACF-0 exhibits a low internal resistance (0.38 Ω) when imaginary impedance is

near to zero. The uncompleted semicircle part in high frequency area reveals the charge transfer resistance results from the charge transport at electrode/electrolyte interface. A 45° diagonal line located at the medium zone is called Warburg impedance, implying the resistance induced by the diffusion of ions into the inside of carbon network. The relatively short Warburg slope and low charge transfer resistance mean that the ions diffuse fast in the electrode. The nearly virtual line signifies typically ideal electric double layer capacitive features. The phase Bode plot (Figure 15b) also shows that the phase angle is 79° for ACF-0 which is close to 90° for ideal capacitors at lower frequency limitation, further evidencing the good capacitive property of ACF-0 electrode.



Figure 15. (a) Nyquist plot (the inset shows the magnified view of the high-frequency region) (b) phase Bode plot of ACF-0

The long-term cycling stability is also an important factor for electrode materials in energy storage application. Figure 16 shows the cycling stability of ACF-0 electrode at current density of 1A g^{-1} over 3000 cycles. As shown in the inset of Figure 16, the charge/discharge curves still remain triangular shape after 3000 cycles. The specific capacitance slightly decreases from 196 to 191.88F g^{-1} (~97.9% of the initial capacitance) which demonstrates that ACF-0 displays a good cycling and stability behavior as the EDLCs electrode material.



Figure 16. Cycling stability of ACF-0 electrode at 1A g⁻¹ over 3000 cycles

4. CONCLUSION

In this study, the activated carbon foams were prepared by a simple foaming-activation process of LMC which was separated from raw coal and used for electrode material for EDLCs. Synthesis parameters, such as foaming temperature, activation temperature, activation time and KOH/carbon mass ratio were found to significantly affect the electrochemical properties of the ACFs. ACF-0 prepared under the optimum experimental conditions: foaming temperature 550°C, activation temperature 750°C, activation time 4h and KOH/carbon mass ratio 6:1, displayed excellent capacitive performance due to the synergistic effects of high specific surface area ($3526m^2 g^{-1}$), favorable pore size distribution, finer microporosity and well-developed porous structure. The ACF-0 achieved the highest specific capacitance of 311.82 F g⁻¹ at current density of 0.1A g⁻¹ in 6M KOH electrolyte and showed an excellent cycle life (capacitance retention of ~97.9% after 3000 cycles at 1A g⁻¹). With the results presented here, the excellent cyclic stability, great capacitive behavior, inexpensive and readily available precursor as well as unique porous structure make activated carbon foams extremely attractive for EDLCs application.

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