

# Determination of Non-Steroidal Anti-Inflammatory Drug (NSAID) Azathioprine in Human Blood Serum and Tablet Samples Using Multi-Walled Carbon Nanotubes (MWCNTs) Decorated Manganese Oxide Microcubes Composite Film Modified Electrode

Akilarasan Muthumariappan<sup>1</sup>, Mani Govindasamy<sup>1</sup>, Shen-Ming Chen<sup>1</sup>\*, Kogularasu Sakthivel<sup>1</sup>, Veerappan Mani<sup>1,2</sup>, Tse-Wei Chen<sup>1</sup>, Shanthi Selvaraj<sup>3,4</sup>

<sup>1</sup> Department of Chemical Engineering and Biotechnology, National Taipei University of Technology, Taipei, Taiwan 106 (ROC)

<sup>2</sup> Graduate Institute of Biomedical and Biochemical Engineering, National Taipei University of Technology, Taipei, Taiwan 106 (ROC)

<sup>3</sup> Research Institute of Electronics, Shizuoka University, Japan

<sup>4</sup> Department of Physics and Nanotechnology, SRM University, India

\*E-mail: [smchen78@ms15.hinet.net](mailto:smchen78@ms15.hinet.net)

Received: 10 May 2017 / Accepted: 14 June 2017 / Published: 12 July 2017

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The development of sensor for azathioprine (ATP) determination is extremely important as its excess level in blood imposes carcinogenic threats. A sensitive, selective, reproducible and durable azathioprine sensor was demonstrated using a nanocomposite composed of Mn<sub>3</sub>O<sub>4</sub> micro cubes and multi-walled carbon nanotubes (MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs). The composite was prepared through a facile hydrothermal method and its morphology, elemental, impedance and electrochemical properties were studied. The MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs was modified on the screen-printed electrode, and the resulting modified electrode displayed excellent electrocatalytic ability towards ATP and the reduction peak current was related to the concentration of ATP. The working range was 0.045-2530 μM and the detection limit was 4.3 nM (± 2.53). The method was successfully applied to the determination of ATP in spiked samples of human blood serum and tablets.

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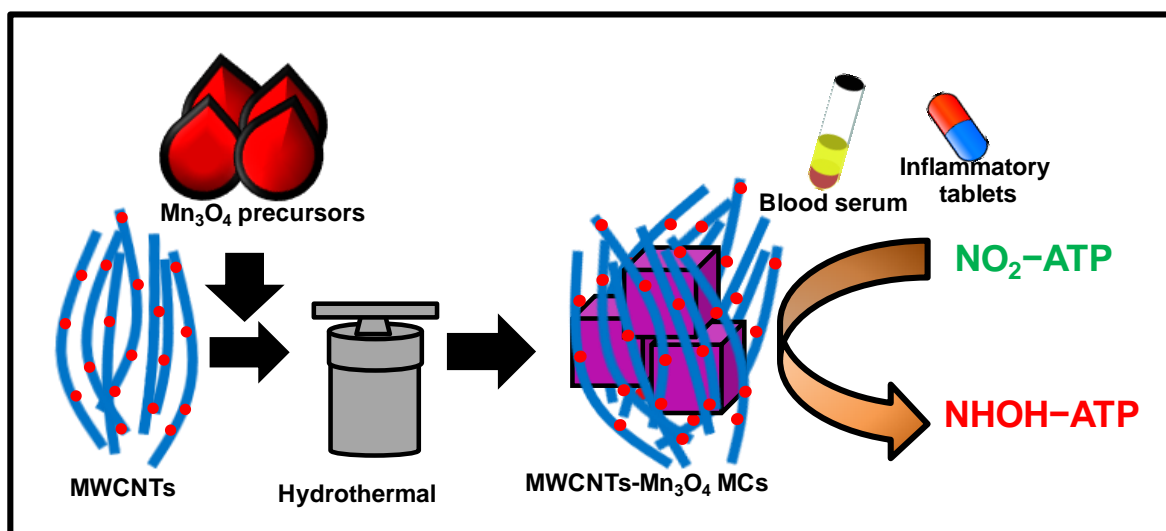
**Keywords:** Analytical Science; Multi-walled carbon nanotubes; Hybrid materials; Manganese oxide; Modified electrode; Signal amplification; Biochemistry.

## 1. INTRODUCTION

Manganese oxide (MnO<sub>x</sub>) based nanocomposites have been reported to exhibit prominent electrochemical properties and they were extensively applied in supercapacitors [1], batteries [2] and

sensors. MnOx materials are low cost, abundant on earth crust and highly stable [3]. MnOx can be prepared in wide range of shapes such as, needles, tubes, particles, plates and wires in a multi-valent states like MnO, Mn<sub>2</sub>O<sub>3</sub>, MnO<sub>2</sub>, Mn<sub>3</sub>O<sub>4</sub> and MnOOH [4]. Recent years seen steady interest in the preparation of Mn<sub>3</sub>O<sub>4</sub> incorporated graphene composites mainly for energy applications [5-7]; Mn<sub>3</sub>O<sub>4</sub> nanoparticles/reduced graphene oxide (RGO) [8], graphene oxide (GO)-Polymer-Mn<sub>3</sub>O<sub>4</sub> hybrid [9], N-doped RGO/Mn<sub>3</sub>O<sub>4</sub> nanoparticles [10]. Virtually, all reports focused on energy applications; nonetheless, MWCNTs/Mn<sub>3</sub>O<sub>4</sub> microcubes (MCs) based composite has never been explored in electrochemical sensing applications. In recent years, many analytical methods have been developed for the ATP determination like, gas chromatography (GC) [11], high performance liquid chromatography (HPLC) [12], spectrophotometry [13], flow injection analysis [14], capillary zone electrophoresis [15], and chemiluminescence [16]. Although, these methods are highly sensitive but it is not convenient in practical use because they are very expensive, tedious, time consuming and required pretreatment of sample preparation. Contrary, the electrochemical methods used for an alternative detection method due to the advantages especially easy to use, selective method, less time consuming, cost effective and applicability [17-19]. Eventhough, an unmodified bare screen printed carbon electrodes (SPCE) exhibit low sensitivity and high overpotential towards ATP determination. Therefore, the chemically modified electrode is more preferable and important to the detection of ATP. Recently, MWCNTs based nanocomposite modified SPCE used for the electro chemical detection of ATP due to the inherent redox activity.

Our research group is continuously developing MWCNTs-based composites for sensing applications [20-22]. Herein, we have explored the preparation of electrochemically active Mn<sub>3</sub>O<sub>4</sub> micro cubes networks embedded in MWCNTs as a composite and employed it in ATP sensing (**figure 1**). The preparation of the MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs hybrid composite is simple, reproducible, does not require any hazardous reducing agents. The MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs film modified screen-printed carbon electrode (SPCE) exhibited large electrochemical active area, excellent electrocatalytic ability and offered outstanding sensing characteristics, which are superior over existing methods.



**Figure 1.** synthesis of MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs for the determination of ATP in human blood serum and tablet samples

## 2. EXPERIMENTAL

### 2.1 Materials and Instrumentation

Multiwall carbon nanotube (MWCNT) (powder, <20  $\mu\text{m}$ ), manganese(II) sulfate mono hydrate ( $\text{MnSO}_4 \cdot \text{H}_2\text{O}$ ), thiourea ( $\text{CS}(\text{NH}_2)_2$ ) and azathioprine tablet (50mg) were purchased from Sigma-Aldrich (<http://www.sigmaaldrich.com/taiwan.html>) and used as received. The SPCEs were purchased from Zensor R&D Co., Ltd., Taipei, Taiwan ([http://www.zensor.com.tw/index\\_en.html](http://www.zensor.com.tw/index_en.html)). All the reagents used were of analytical grade and used without any further purification. The supporting electrolyte used for the electrochemical studies was 0.1 M phosphate buffer (PB), prepared using  $\text{Na}_2\text{HPO}_4$  and  $\text{NaH}_2\text{PO}_4$  and the pH was adjusted either using  $\text{H}_2\text{SO}_4$  or  $\text{NaOH}$ . Prior to each experiment, the electrolyte solutions were deoxygenated with pre-purified nitrogen gas for 15 min unless otherwise specified. All assays were performed in triplicate, and the results reported are the average of at least three experiments. The error is calculated from standard deviation of these three readings.

The electrochemical measurements were performed using CHI 1205A workstation. The electrochemical studies were carried out in a conventional three-electrode cell using BAS SPCE as a working electrode (area  $0.2 \text{ cm}^2$ ), saturated  $\text{Ag}/\text{AgCl}$  as a reference electrode and Pt wire as a counter electrode. Amperometric measurements were performed with analytical rotator AFMSRX (PINE instruments, USA) with a rotating disc electrode (RDE) having working area of  $0.24 \text{ cm}^2$ . Scanning electron microscopy (SEM) studies were performed with Hitachi S-3000 H scanning electron microscope. Energy-dispersive X-ray (EDX) spectra was recorded using HORIBA EMAX X-ACT (Sensor + 24V=16 W, resolution at 5.9 keV). EIM6ex Zahner (Kronach, Germany) was used for electrochemical impedance spectroscopy (EIS) studies. Human serum were acquired from Chang Gung University, Taiwan and the experimental protocols were approved by the institutional Animal Ethic Committee.

### 2.2 Synthesis of MWCNTs/ $\text{Mn}_3\text{O}_4$ MCs and fabrication of modified electrode

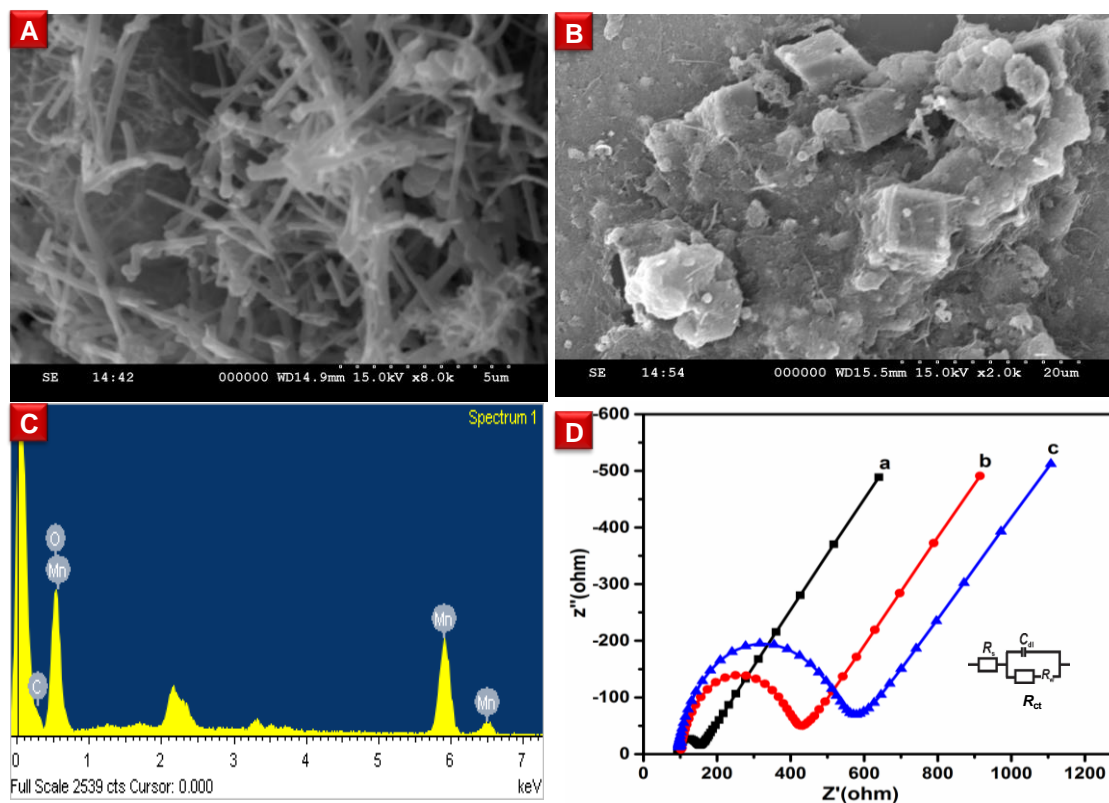
Starting from Multi wall carbon nanotubes 40mg was taken, to this thiourea (3 g) and  $\text{MnSO}_4 \cdot \text{H}_2\text{O}$  (0.01 M) were prepared separately in 40 mL water via magnetic stirring followed by ultrasonication for 15 min. Next, the  $\text{MnSO}_4$  solution was slowly added dropwise into thiourea solution. The obtained mixture was stirred for 30 min to acquire a homogeneous solution and the resulting solution was transferred to a teflon-lined stainless steel autoclave and heated at  $180^\circ\text{C}$  for 10 h. After hydrothermal treatment, the resulting product was collected and washed with ethanol, and then dried at  $40^\circ\text{C}$ . Then the solid was transferred to a tube furnace and heated to  $400^\circ\text{C}$  for 2 h at a heating rate of  $2^\circ\text{C min}^{-1}$ . Finally, the product MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs was collected. To ensure sufficient interfacial self-assembly of negatively charged MWCNT sheets on the positively charged  $\text{Mn}_3\text{O}_4$  MCs through electrostatic interaction, thus yielding stable MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs composite. The surface of SPCE was pre-cleaned by cycling between  $-1.0 \text{ V}$  and  $1.2 \text{ V}$  (vs.  $\text{Ag}/\text{AgCl}$ ), in 0.1 M PB (pH 7). Next,

8  $\mu\text{l}$  MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs was dropped at SPCE and dried at room temperature. As control, MWCNTs modified SPCEs were prepared.

### 3. RESULTS AND DISCUSSION

#### 3.1 Surface morphological and elemental characterization

Figure 2 shows the SEM image of (A) MWCNTs, and (B) MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs. The morphological structure of MWCNTs shows a high surface. Moreover, the SEM image of MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs exhibited randomly aggregated with distinct edges and folding MWCNTs surfaces [23]. The SEM image of  $\text{Mn}_3\text{O}_4$  MCs reveal cubic structure [24]. Besides, the SEM image of MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs shows the  $\text{Mn}_3\text{O}_4$  MCs incorporated with the MWCNTs surface [25, 26]. MWCNTs decorated  $\text{Mn}_3\text{O}_4$  MCs is conformed from the SEM image (B). The EDX spectra of (C) MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs shows the signal for carbon (C), oxygen (O), and manganese (Mn). The quantitative analysis shows weight of Carbon 39 %, oxygen 26 %, and manganese 25 %. Hence, the EDX spectra confirm the formation of MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs nanocomposite and finalized the composition of the elements.

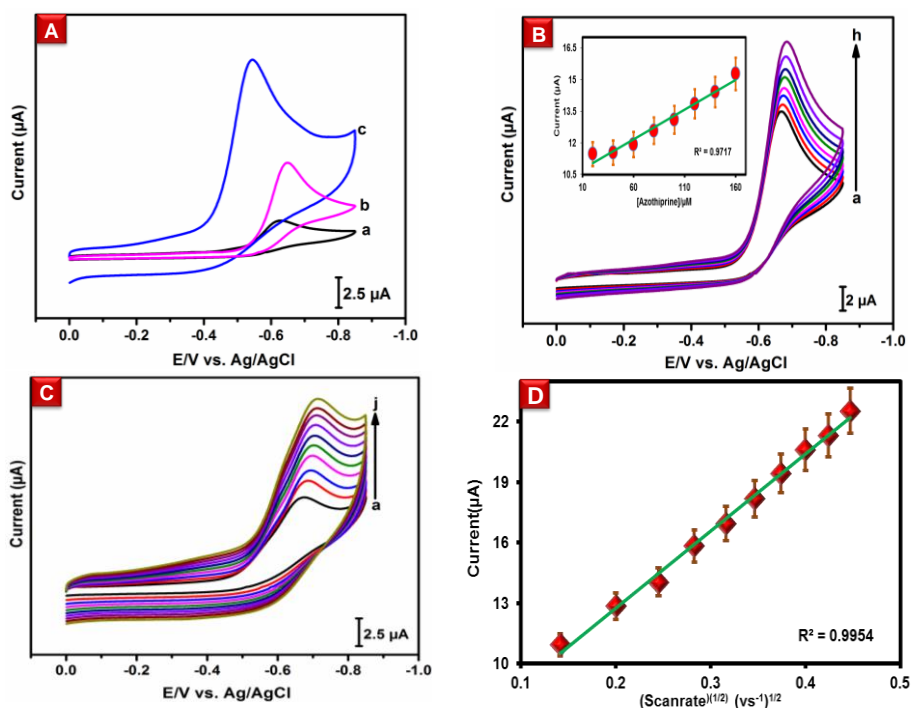


**Figure 2.** (A) SEM images of, MWCNTs and (B) MWCNT/ $\text{Mn}_3\text{O}_4$  MCs. (C) EDX profile of MWCNT/ $\text{Mn}_3\text{O}_4$  MCs. (D) EIS curves of SPCE (a), MWCNTs/SPCE (b) and MWCNT/ $\text{Mn}_3\text{O}_4$  MCs/SPCE (c) obtained in 0.1 M KCl containing 5 mM  $\text{Fe}(\text{CN})_6^{3-/4-}$ . Inset shows the Randles equivalent circuit model used to fit the EIS experimental data.

### 3.2 Electrochemical impedance spectroscopy

The electrochemical impedance spectroscopy (EIS) has been used to monitor the electrochemical impedance changes of the different modified electrodes at the electrode and electrolyte interface. Figure. 2D shows the EIS plots of (a) bare SPCE, (b) MWCNTs, (c) MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs in 5 mM [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> with 0.1 M KCl as a supporting electrolyte. Figure. 2 inset shows the Randles equivalent circuit model used to fit the EIS experimental data. The charge transfers resistance ( $R_{ct}$ ) of the modified electrode is corresponds to the diameter of the semi-circle in the Nyquist plot [27-29]. All the modified electrode exhibited semi circles of different diameters illustrate different  $R_{ct}$ . The higher  $R_{ct}$  value of about 497  $\Omega$  was obtained for the SPCE electrode. The MWCNTs and MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs show the  $R_{ct}$  values of 328  $\Omega$  and 68.5  $\Omega$ , respectively. However, the  $R_{ct}$  value of the MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE was about 68.5  $\Omega$ , which proposed that the charge transfer resistance of manganese oxide was decreased due to the non-covalent interaction with MWCNTs [30-32]. Moreover, the MWCNTs enhance the electron conductivity properties at the electrode surface. The EIS results confirmed that the MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE have higher electron conductivity properties with low charge transfer resistance than that of the other modified electrodes [33-35].

### 3.3 Electro catalysis of azathioprine



**Figure 3.** (A) CVs obtained at bare SPCE (a), MWCNTs (b), and MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs (c) films modified SPCEs in 0.1 M buffer (pH 7) containing 5  $\mu$ M ATP at scan rate of 5  $\text{mV s}^{-1}$ . (B) Cyclic voltammograms obtained at MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE in 0.1 M PB (pH 7) containing ATP (a to h; 20 to 160  $\mu$ M). Inset [ATP]/ $\mu$ M vs. current/ $\mu$ A. (C) Cyclic voltammograms obtained at MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE in 0.1 M buffer (pH 7) containing 5  $\mu$ M ATP at different scan rates (a to j; 20 to 200  $\text{mVs}^{-1}$ ). (D) (scan rate)<sup>1/2</sup> ( $\text{V.s}^{-1}$ )<sup>1/2</sup> vs. peak currents ( $\mu$ A).

Electrocatalytic ability of the MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE towards ATP (10 μM) reduction was investigated in phosphate buffer (pH 7) and the corresponding voltammogram is given as Figure 3A. The first forward segment of the voltammogram displays a sharp cathodic peak at -0.56 V, which is manifested to the reduction of NO<sub>2</sub>-ATP to NHOH-ATP [36-38]. This type of electrocatalytic behavior is consistent with the previous reported ATP sensor. The cathodic peak current is responsible for the reduction of NO<sub>2</sub>-ATP to NHOH-ATP and compared with control electrodes. Figure 3A shows, the comparison with control electrodes (a) bare SPCE, and (b) MWCNTs/SPCE. The (c) MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs modified electrode have shown significantly enhanced reduction peak current which is considerable higher than that of bare SPCE, and Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE. The overpotential observed at MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs nanocomposite modified electrode is 110 mV, and 124 mV lower than the bare SPCE, and MWCNTs/SPCE. Also, the nanocomposite provides largely exposed electrochemically active area and synergic effect of MWCNTs and Mn<sub>3</sub>O<sub>4</sub> MCs. The electrocatalytic activity enhanced due to the absorption of ATP through π-π stacking interaction between the benzene ring of ATP and π bonds of MWCNTs [39-41].

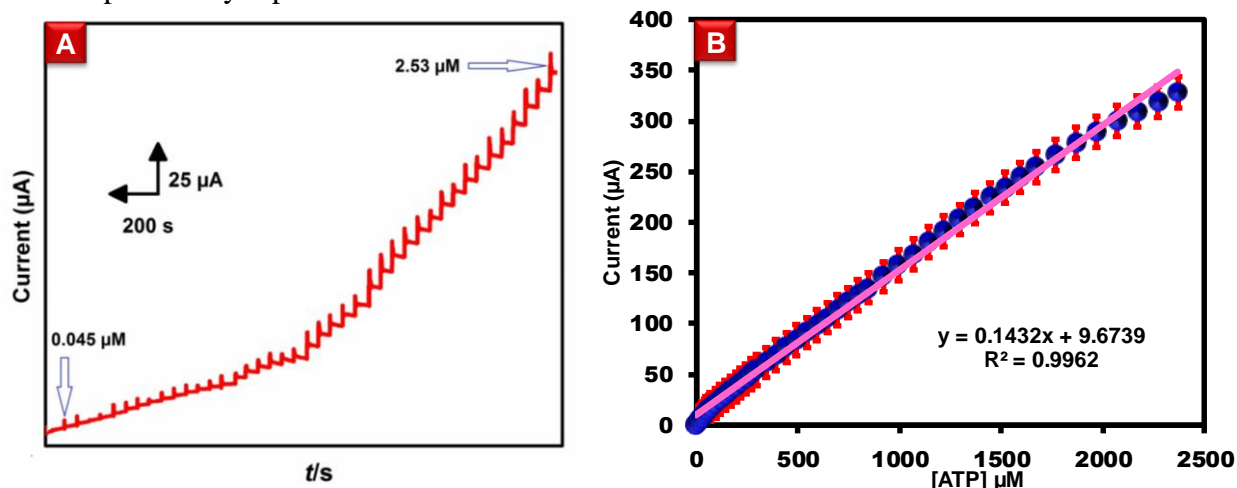
Figure 3B, displays the voltammograms obtained at MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE towards different concentrations of ATP. The reduction peak current linearly increases with respect to different concentration ATP. Insert, exhibit the linear relation between the reduction peak current and concentration of ATP is exhibited. The effect of scan rate on the electrocatalytic behavior of ATP reduction at MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE modified electrode was investigated by varying the different scan rate from 20 to 200 mVs<sup>-1</sup> Figure 3C. The reduction peak current was increased linearly with increasing the scan rates. Figure 3D, shows the linear relation between the cathodic peak current and scan rates with the corresponding linear regression equation is  $I_c (\mu A) = 0.096 v (mVs^{-1}) + 13.61$  ( $R^2 = 0.9954$ ). Hence, this phenomenon indicates that the ATP reduction at MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs composite modified SPCE. Which is exhibit the characteristic behavior of surface confined diffusion controlled electrocatalytic process at the modified electrode [36, 42, 43].

### 3.4 Amperometric determination of ATP

Amperometric method is high precision and more sensitive method than that of the other voltammetric methods. Figure 4A shows the amperometric response of MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs modified rotating electrode upon each successive addition of various concentrations of ATP into continuously stirred PB at the rotation speed 1200 RPM and the applied potential was held at -0.55 V. The amperometric sensor exhibited sharp amperometric response for each addition of ATP with regular time interval (50s). The steady state current response of the ATP is reached within 4 sec at MWCNT/Mn<sub>3</sub>O<sub>4</sub> MCs nanocomposite modified electrode, it is indicating that fast response of the reduction of ATP. The Figure 4B shows the calibration plot between the ATP concentration and amperometric current response. The linear plot displayed good linearity with slope of 0.9962 μA μM<sup>-1</sup>. The working concentration range was linear from 0.045-2530 μM with sensitivity of 2.05 μA μM<sup>-1</sup> cm<sup>-2</sup> and the detection limit is 4.3 nM. This indicates the outstanding electrocatalytic reduction of ATP at the MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs composite modified electrode. In addition, based on the above results



MWCNTs play a vital role in the reduction of ATP due to electron-rich environment, higher electron transfer nature and well reduction properties. In addition, the high surface area of  $\text{Mn}_3\text{O}_4$  MCs used to provide more active surface for an interaction with MWCNTs. Therefore, the MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs composite play a significant role for the selective detection of ATP. The important parameters of sensor, such as LOD and linear range were compared with previously reported modified electrodes and shown in Table 1. The analytical performance of the MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs modified electrode is better than previously reported sensor electrodes.



**Figure 4.** (A) Amperometric response of MWCNT/ $\text{Mn}_3\text{O}_4$  MCs film modified electrode for each sequential additions of ATP into 0.1 M PB (pH 7). The rotation speed = 1200 RPM. (B) Plot of  $[\text{ATP}]/\mu\text{M}$  vs. current ( $\mu\text{A}$ ).  $E_{\text{app}} = -0.55 \text{ V}$  (vs. Ag/AgCl).

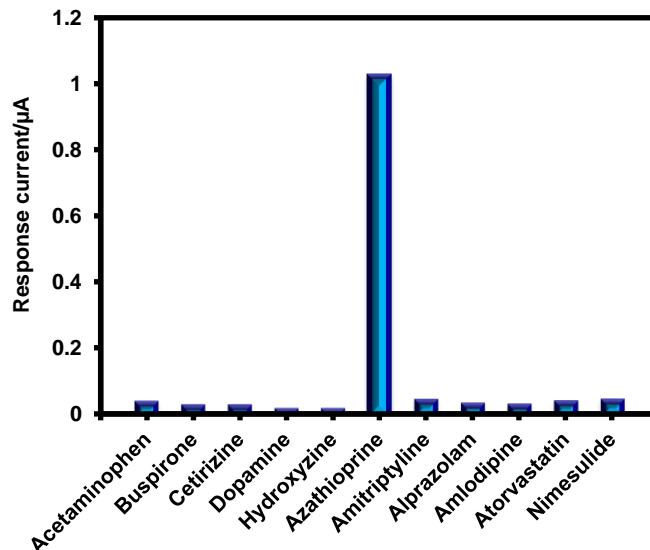
**Table 1.** Comparison of analytical parameters for the determination of ATP at MWCNTs/ $\text{Mn}_3\text{O}_4$  MCs film modified electrode with reported works

Electrode	Linear range ( $\mu\text{M}$ )	LOD ( $\mu\text{M}$ )	Electrolyte	Methods	Ref.
<sup>a</sup> Ag NPs@Graphene/ <sup>b</sup> PGE	0.1–100	0.068	PB (pH 6)	Cyclic voltammetry	[38]
Au/Au- <sup>c</sup> NA electrode	0.095–900	0.027	PB (pH 7.4)	Differential pulse voltammetry	[44]
<sup>d</sup> NDG/ <sup>e</sup> CS/ <sup>j</sup> GCE	0.2–100M	0.065	PB (pH 7)	Cyclic voltammetry	[36]
<sup>f</sup> MIP- <sup>g</sup> SPE	0.01–2.5	0.08	–	Solid-phase extraction	[45]
<sup>h</sup> CNP/ <sup>i</sup> N/ <sup>j</sup> GCE	0.2–50	0.08	PB (pH 6)	Cyclic voltammetry	[37]
MWCNTs/ $\text{Mn}_3\text{O}_4$ MCs/SPCE	0.45–2530		PB (pH 7)	Amperometry	This work

<sup>a</sup>AgNPs= silver nano particle, <sup>b</sup>PGE= Pyrolytic graphite electrode, <sup>c</sup>NA= Nano array, <sup>d</sup>NDG= Nano diamond graphite, <sup>e</sup>CS=chitosan, <sup>f</sup>MIP=Nano- molecule imprinted polymers, <sup>g</sup>SPE= solid phase extraction <sup>h</sup>CNP= Carbon nano particle, <sup>i</sup>N= Nafion, <sup>j</sup>GCE= Glassy carbon electrode.

### 3.5 Selectivity, stability, repeatability and reproducibility studies

Selectivity of the MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs modified electrode is more important to the detection of (a) ATP in presence of common interferrants analysts (Figure 4). The tested interferrants are acetaminophen, buspirone, Cetirizine, hydroxyzine, dopamine, amitriptyline, alprazolam, amlodipine, atorvastatin, and nimesulide. As shown in the selectivity studies, the modified electrode has delivered excellent current response to ATP, eventhough it shows negligible response to other interferrants analyte. The possible reason for the selectivity is different redox potentials and different adsorption sites on the surface of MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs modified electrode. While the adsorption of ATP could be significantly higher than that of the other interfering species. In order to determine storage stability of the MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs modified electrdoe in presence of 5  $\mu$ M ATP was monitored every day. The electrode delivered good consistent amperometric response to ATP during two weeks of storage period. About 97.14% of initial response current was retained after two weeks of its use, which is indicating the acceptable stability of the modified electrode. Moreover, the repeatability and reproducibility of the modified electrode were tested. The MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs modified electrode exhibits appreciable repeatability with RSD of 4.87% for five repeatitive measurements using single modified electrode. On the otherhand, the electrode exhibits good reproducibility with RSD of 5.77% for five independent measurments carried out in five independent modified electrodes. Therefore, the modified electrdoe have well selectivity, stability, repeatability and reproducibility studies.



**Figure 5.** Amperometric response of MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs film modified electrode for additions of ATP and interferrants analysts into 0.1 M PB (pH 7). The rotation speed = 1200 RPM.

### 3.6 Real sample analysis

The practical feasibility of the method was demonstrated in human serum and rat brain serum samples. the human serum was spiked with known amounts of ATP and amperometry was performed (Table 2). First, 3 ml serum sample was diluted to 10 ml by adding phosphate buffer (pH 7). Next,



amperometry experiments were carried out using MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs and following similar optimized experimental conditions. The found and recovery values are in acceptable range. Hence, the MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs could be applicable for the real-time ATP sensing applications.

**Table 1.** Real-time determination of ATP in human serum and ATP tablet samples using MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs film modified electrode

Samples	Added/ $\mu$ M	Found/ $\mu$ M	Recovery/%	*RSD/%
Human serum	10 $\mu$ M	10.31 $\mu$ M	103.1	3.63
ATP Tablets	20 $\mu$ M	20.32 $\mu$ M	103.6	3.48

\* Relative Standard Deviation of 3 individual measurements

#### 4. CONCLUSIONS

A highly sensitive, selective, stable, reproducible and durable nitrite sensor was demonstrated using a robust nanocomposite, MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs. The nanocomposite was prepared via facile hydrothermal method and its successful formation was revealed by SEM, EDX, mapping, EIS and electrochemical methods. The MWCNTs/Mn<sub>3</sub>O<sub>4</sub> MCs/SPCE showed outstanding electrocatalytic ability towards ATP reduction and the sensor performance was either superior or comparable to the previous works. The assay procedure was simple, fast, and reproducible. The method was successful in the determination of ATP spiked in human serum and ATP tablet samples, thus holds great potential in health safety and biological analysis.

#### ACKNOWLEDGEMENT

This work was supported by the National Science Council and the Ministry of Education of Taiwan (Republic of China) and National Taipei University of Technology, Taipei, Taiwan.

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